

WHAT?

Professionally timed, 5K run/walk and 1mile run/walk. Includes a pancake breakfast, fun post-race activities and sponsor booths.

WHEN?

Saturday November 14, 2009 at 9:00 am. Race packet pickup starts at 7:30am. Pre-run warm ups at 8:30 am. The events will take place rain, snow or shine!

WHERE?

Rock Canyon High School located at the intersection of Monarch Blvd. and McArthur Road. Parking is available at the high school and the adjoining middle school, Rocky Heights. Overflow parking available at Pax Christian Catholic Church located on McArthur Ranch Road.

BENEFITTING?

Proceeds will benefit local participating schools.



REWARDS

Guaranteed for all pre-registrants

- Rock Slide t-shirts for all participants
- Sponsored goody bag
- Fun, challenging physical activity
- Breakfast sponsored by Kiwanis Club of Castle Pines

**Must register by 11/07/09 to be guaranteed a t-shirt prior to the event*

RULES OF THE ROAD

- Don't bring bicycles
- Do walk or run in the final phase if you bring a stroller
- Don't wear in-line skates
- Don't bring a pet
- Children must be supervised at all times

Rock Slide
This is the 6th Annual Community Run to benefit participating Douglas County Schools. This event is brought to you by your local schools and their Parent Teacher Organization.

REGISTRATION

Please register online at www.DCRockslide.com

Or complete and return this form to a participating school by 11/7/2009 with cash or check payable to Rock Slide. Pre-Registration \$25 Adults \$15 Child (Under 18). After November 10, 2009 add \$5.00 procrastination fee each.

For more information contact your school office, or 303.562.7674.

Last Name		Address				Phone	
First Name	Grade	Age	M/ F	Donation	Event (select one)	T-Shirt Size (circle one)	Your School
					<input type="checkbox"/> 5K <input type="checkbox"/> 1 Mile <input type="checkbox"/> None: T-Shirt only	Adult S M L XL XXL Child S M L	
					<input type="checkbox"/> 5K <input type="checkbox"/> 1 Mile <input type="checkbox"/> None: T-Shirt only	Adult S M L XL XXL Child S M L	
					<input type="checkbox"/> 5K <input type="checkbox"/> 1 Mile <input type="checkbox"/> None: T-Shirt only	Adult S M L XL XXL Child S M L	
					<input type="checkbox"/> 5K <input type="checkbox"/> 1 Mile <input type="checkbox"/> None: T-Shirt only	Adult S M L XL XXL Child S M L	

Total Donation Included \$ _____ *Thank you for your donation to your schools, the event will take place rain, snow, or shine*

Release Form: We are entering this event at our risk and assume all risk and responsibility for injuries we may incur as a direct or indirect result of our participation in this event. We, for ourselves and our heir and executors, also agree not to hold any participating sponsors (including but not limited to Douglas County, DCEF, Douglas County School District, Buffalo Ridge Education Alliance, Rock Canyon High School, Rocky Heights Middle School, and BKB Ltd.) or supporters or their directors, employees, and agents or such parties responsible for any such injury or damage suffered. We verify that we have full knowledge of the risks involved with this event, and that we physically fit and sufficiently trained.

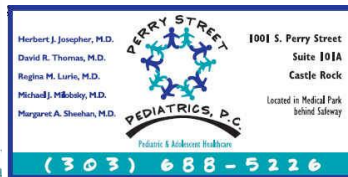
1st Adult Signature Date

2nd Adult Signature Date

Guardian Signature Date



SPONSORED BY:



Parker Adventist Hospital
Centura Health.



SPONSORS STILL NEEDED

PLEASE CONTACT TONY GOLDEN

rockslide_ajg@yahoo.com

303.562.7674